



PERFORMANCE

# Terms and Conditions

I understand that Kieran Hanspal (KH Performance Ltd) operates on a scheduled hourly appointment basis for personal training sessions.

I understand that appointments for personal training sessions must be booked on the KH performance website (khperformance.co.uk) unless agreed upon otherwise.

I understand that when cancelling or rescheduling an appointment, I am required to provide MORE than 24-hours notice.

I understand that if I cancel or reschedule a session LESS than 24 hours before the scheduled session that I am contracted to pay for that session in full.

I understand that KH Performance's hourly rate at the Gym Group (Redhill) is £35.00

I understand that I'm entitled to a one-time cancellation fee waiver, whereby I can cancel/reschedule a session with less than 24-hours notice for no additional charge. I understand that the replacement session must be rescheduled within 14 days of cancellation or shall be forfeited. This renews on a 6 monthly basis.

I understand that should Kieran Hanspal cancel a session with less than 24-hours notice, whereby he has already received payment for this session, I shall be entitled to a replacement session at no additional cost. I understand that the replacement session must be rescheduled within 14 days of cancellation or shall be forfeited.

I understand that Kieran Hanspal will give me access to his fitness training software on the basis that I schedule at least one appointment a week unless agreed upon otherwise.

I understand that under the referral scheme that I can only refer the same person once and will only receive money once my referee has paid for and fully attended their first session and that they confirm they have been referred by you.

I confirm that I have read and completely understand these terms and have had the opportunity to ask any questions regarding this process

Name (+ Name of Parent/Guardian if applicable) (Please Print)

Signature (or Signature of Parent/Guardian)

Date of Birth (DD/MM/YY)

Date (DD/MM/YY)

Please tick this box if you agree to photos and/or videos being taken of you for the purposes of promoting KH performance (optional; consent can be withdrawn at any time without reason or consequence):